

The General News

Thursday May 20, 2022

THIS WEEK'S CALENDAR

	Club/Activity	Time
Monday 23		
Tuesday 24	8th Grade Field Trip	School Day
Wednesday 25	School Carnival Promotion	School Day 5:30
Thursday 26	Last Day of School - Noon release	
Friday 27		



UPCOMING DATES

- May 25 - School Carnival
- May 25 - 8th Grade Promotion
- May 26 - Last Day of School

23 Mon	24 Tue	25 Wed
Chef's Special	Chef's Special	Chef's Special
Fruit of the Day	Fruit of the Day	Fruit of the Day
Seasonal Veggies	Seasonal Veggies	Seasonal Veggies
1% White Milk	1% White Milk	1% White Milk
Fat Free Chocolate Milk	Fat Free Chocolate Milk	Fat Free Chocolate Milk

8TH GRADE YEAR END EVENTS

- ✓ Thursday April 28th, Friday April 29th Cantigny
8th Grade Fieldtrip
- ✓ Friday May 20th 7-9PM WMS
8th Grade Dance
- ✓ Wednesday May 25th WMS
End of Year Carnival during school
- ✓ Wednesday May 25th 5:30 WAHS
8th Grade Promotion

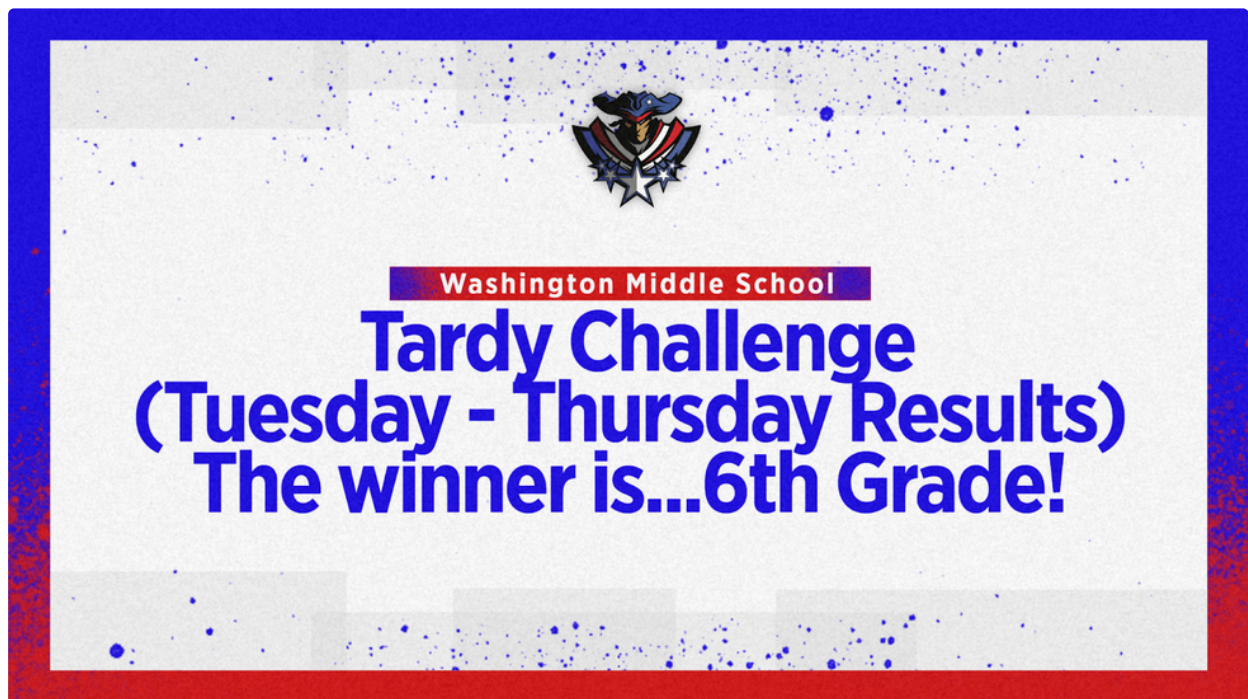


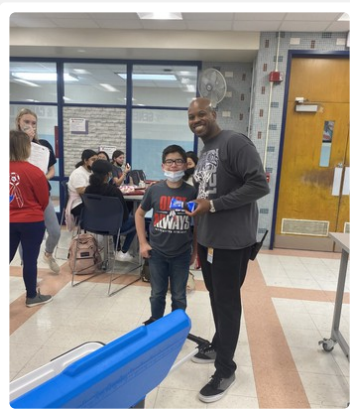
CLASS OF 2026

GREAT TURNOUT FOR OUR 6TH GRADE BAND!



MR. ROGERS CONDUCTED A TARDY CHALLENGE ACROSS THE THREE GRADES. 6TH GRADERS ENJOYED AN ICE CREAM SOCIAL ON FRIDAY!





TRACK RECORD - LONG JUMP

WASHINGTON MS

CONGRATS TO
TERESA KALUMBA ON SETTING
A NEW WMS
LONG JUMP RECORD!
(16 FEET - 2 INCHES)



FREE SUMMERTIME FITNESS MEMBERSHIP AGES 14-18!



Wondering what to do with your device at the end of the school year?
Visit our website to learn information about student devices to ensure
you're prepared for the 2022-23 school year!

[LINK HERE](#)





WASHINGTON MIDDLE SCHOOL - 2022

SUMMER CAMPS

WEEK OF MAY 31 - JUNE 3RD

CROSS COUNTRY CAMP: 8:00 AM TO 9:30 AM
BOYS SOCCER CAMP: 8:00 - 10:00 AM
GIRLS SOCCER CAMP: 10:15 AM - 12:15 PM

*SOCCER CAMPS ALSO MEET JUNE 4th

WEEK OF JUNE 6TH - JUNE 10TH

GIRLS BASKETBALL CAMP: 8:00 TO 10:00 AM
BOYS BASKETBALL CAMP: 10:15 AM TO 12:15 PM

WEEK OF JUNE 13TH - JUNE 17TH

GIRLS VOLLEYBALL CAMP: 8:00 AM TO 10:00 AM
CHEER CAMP: 10:15 AM TO 12:15 PM
POMS CAMP 12:30 PM TO 2:00 PM

ALL CAMPS ARE FREE!
Questions - contact Mr. Danzinger
(cdanzinger@sd129.org)

FOR INCOMING 6TH/7TH/8TH GRADERS

[HTTPS://WASHINGTON.8TO18.COM](https://WASHINGTON.8TO18.COM)

FROM OUR NURSE: SUMMERTIME EVENT TO FOCUS ON
YOUR HEALTH

15th Annual Health Fair Healthy Mind, Body, & Soul

Aurora African American Health Coalition
in partnership with Blue Cross and Blue Shield of Illinois

Saturday, June 11, 2022

9AM-12PM

Prisco Community Center

150 W. Illinois Ave. Aurora, IL 60506



FREE EVENT

NO COST HEALTH SCREENINGS-8 HOUR FASTING REQUIRED

IMMUNIZATIONS/VACCINES

SPEAKERS/VENDORS

ACTIVITIES FOR CHILDREN

GIVEAWAYS

FITNESS DEMOS

HEALTHY SNACKS

NO COST, FARMERS MARKET



BlueCross BlueShield
of Illinois

A Division of Health Care Service Corporation, a Mutual Legal Reserve Company,
an Equal Opportunity Employer of the Blue Cross and Blue Shield Association



For more information:

1-800-368-8888 or visit our website at www.aahc.org



The Empower Wellness Screening Program is available to the public at NO COST!

Your Screening Package Includes:

- **Panel C** - Testing that consists of a 37-component blood chemistry profile. In addition to identifying signs of heart disease and diabetes, Panel C tests for liver and kidney malfunction, and thyroid, blood, and nutrition disorders.
- **Prostate Specific Antigen (PSA)** - Screens for signs of prostate cancer in men. (Optional; available at no cost)
- **Body Mass Index - BMI** will be calculated if height and weight are self-reported.

SIGN UP USING OUR NEW PORTAL!
empower.health

1. Create a NEW account: empower.health

This is not the same registration site used for previous EHS screenings. All participants must create a new account.

2. Complete "New User" fields and enter client code: **AAAHFEHS**

You will receive an email confirmation. Verify your email to complete the registration process.

3. On the Dashboard, complete the optional Empower Health Assessment™

4. Return to the Dashboard and click "Register" to schedule an appointment for an onsite event

5. Once you have scheduled an appointment, download and print one (1) copy of your requisition to bring to your screening (REQUIRED)

Important Reminders:

- Face masks, covering both nose and mouth, are required to be worn during the screening.
- Fast 8 hours and drink 2 glasses of water 1-2 hours prior to your appointment.
- Registration closes at NOON the business day before your event.
- Results are available online within 5-7 business days of your event.

**LOCATION
& DATE**

Prisco Community Center
150 W. Illinois Avenue, Aurora, IL
Saturday, June 11, 2022
8:00 am - 12:00 pm

If you have questions, contact the EHS Customer Support Team at 888.367.6974 or support@empowerhealthservices.com



Youth Preparedness

Building a County of kids that are prepared for, can respond to and recover from a disaster.



Kane County Sheriff's Office of Emergency Management is excited to announce that we will be offering classes in Emergency and Disaster Preparedness geared towards children. These classes will be taught by experienced members of the Kane County Emergency Management Team.

As adults, we want children to feel safe and not worried about potential emergencies, but we all know that disasters can happen, often without warnings, and we want children to know what steps to take to be able to stay safe during and after an event.

This class is not intended to scare kids. Rather, it will be age-appropriate, fun, and educational to build confidence and empower them to be prepared. Prepared kids can become the resourceful adults of the future.

Class Topics

Emergency and Disaster Preparedness

Students will learn about the difference between an emergency, a disaster, and a hazard as well as what types of emergencies to be prepared for, protective actions to take, family emergency communications plans, disaster supply kits, Go Bags, and what to do during severe weather.

First Aid

A First Aid/CPR instructor will teach age appropriate basic first aid, including responsive vs. unresponsive, phoning for help, when to call 911, personal protective equipment, the importance of hand washing, finding the problem, stopping bleeding and choking.



Aurora African Health
Coalition

June 11, 2022

9:30am-11:30am

Prisco Center

150 W. Illinois Ave.

Aurora

Coordinating with...

It's never too late - never too late to start over, never too late to be happy. –Jane Fonda

REGISTER FOR THE 2022-2023 SCHOOL YEAR HERE

Home Access Center

Middle School Calendar & Bell Schedule



Washington Middle School


 Facebook

 @WMSGenerals129org

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Aurora, IL 60506

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