## The General News

Friday January 20, 2023



#### **UPCOMING DATES**

- January 24-26 ACCESS Testing
- January 27 8th Grade Promotion Pictures

	Club/Activity	Time	Location	
Monday 1.23.23	Newspaper Club	3:45-4:15	134	
Tuesday 1.24.23				
Wednesday	Craft Club	3:45-5:00	109	
1.25.23	Art Club	3:45-5:00	154	
Thursday	Bible Club	8:15	105	
1.26.23	Anime Club	3:45-4:30	105	
Friday	Early Morning Choir	7:30	153	
1.27.23	Math Club	7:10	125	
	Minecraft Club	3:40-4:45	123	



#### WHAT'S FOR LUNCH?

23 Mon	24 Tue	25 Wed
BBQ Pork Sandwich	Taco Tuesday	Brunch for Lunch! Pancakes w. Turkey Sau.
Seasonal Veggies	Seasonal Veggies	Seasonal Veggies
Fruit of the Day	Fruit of the Day	Fruit of the Day
1% White Milk	1% White Milk	1% White Milk
Fat Free Chocolate Milk	Fat Free Chocolate Milk	Fat Free Chocolate Milk

26 Thu	27 Fri	
4 Star Mac & Cheese	Sloppy Joe Sandwich	
Seasonal Veggies	Seasonal Veggies	
Fruit of the Day	Fruit of the Day	
1% White Milk	1% White Milk	
Fat Free Chocolate Milk	Fat Free Chocolate Milk	

#### ATHLETIC EVENTS

Monday 1.23.23		
Tuesday 1.24.23	7th Grade Basketball vs. Jewel @ WMS 8th Grade Basketball vs. Jewel @ Jewel	
Wednesday 1.25.23		-9
Thursday 1.26.23		
Friday 1.27.23	Sports Picture Day 6th Grade Basketball vs. Jefferson @ WMS	

THANK YOU CRAFT CLUB FOR THIS FANTATIC DISPLAY!



# WASHINGTON MIDDLE SCHOOL PTA

#### Become a member here for \$10!

Your money goes towards supporting special events for students and our great teachers!





## WASHINGTON MIDDLE SCHOOL

PTA

2022-2023

#### ¡Hazte miembro aquí por \$10!

Su dinero va a apoyar eventos especiales para los estudiantes y para los maestros increibles.









#### **REGISTRATION IS OPEN NOW**

#### MIDDLE SCHOOL WINTER WEIGHTLIFTING 2023



LEARN FUNDAMENTAL WEIGHTLIFTING SKILLS & TECHNIQUES
FROM CERTIFIED & EXPERIENCED COACHES IN A SAFE ENVIRONMENT
ACQUIRE & DEVELOP SKILLS TO MAKE YOU MORE COMPETITIVE IN EVERY SPORT

#### WHEN

**EVERY MONDAY** 

EVERY THURSDAY

JANUARY 12TH

UNTIL

MARCH 23RD

\*OCCASIONALLY ON WEDNESDAYS

TIME

MONDAYS

5:00-6:15PM

THURSDAYS

5:00-6:15PM

\*WE DO NOT MEET ON

NON-ATTENDANCE DAYS

WHERE

WEST AURORA

WEIGHT ROOM

ENTER AT DOOR #9a

**FOR WHO** 

ALL CURRENT

7TH & 8TH GRADERS

IN DISTRICT 129

COST

\$40

THAT IS LESS THAN

THREE DOLLARS

PER SESSION!!!

\*SOME 6TH GRADERS BY REQUEST

#### LEAD INSTRUCTOR

COACH KETZA

- SOPHOMORE FOOTBALL COACH

ASSISTANT STRENGTH & CONDITIONING COACH

-USA WEIGHTLIFTING CERTIFIED LEVEL 1 SPORTS PERFORMANCE COACH

#### **HOW DO I SIGN UP?**

**REGISTER USING** 

WAHS.8TO18.COM

LOOK FOR

"Middle School Winter Weightlifting"

#### **QUESTIONS?**

CONTACT

COACH KETZA

BKETZA@SD129.ORG

630-301-6588







Did you know that you have access to free, local tutoring?

Merry Tutors are current West Aurora High School National Honor Society members, and they are available to tutor elementary, middle, and high school students!

Tutoring is located at the Aurora Public Library West Branch at 233 S. Constitution Drive on Thursdays, starting September 22nd, from 3:45-5:30 PM. Please show up with your materials and questions!



### WASHINGTON'S WORDS OF WISDOM FOR THE WEEK

Winners never quit and quitters never win.

- Vince Lombardi

Home Access Center

Middle School Calendar & Bell Schedule



#### Washington Middle School

Facebook @WMSGenerals129org

231 S. Constitution Drive Aurora, IL 60506

231 South Constitution Drive, A...

**630-301-5017** 

washington.sd129.org

**CLUBS WEEK OF JANUARY 23rd** 

